

LARA offers

- Rapid support via our hotline
- Legal advice from experienced female lawyers
- Crisis intervention without prior appointment
- Support in filing a report and during court proceedings
- Group sessions
- Advice in your mother tongue or via language mediators
- Advice for family members
- Training for members of other professions
- Free and, if desired, anonymous advice

LARA

Verein gegen sexuelle Gewalt an Frauen e. V.
Mobile advisory service for refugee woman*

Fuggerstraße 19
10777 Berlin-Schöneberg
Phone: 030-216 30 23, Fax: 030-216 80 61
E-mail: mobile-beratung@lara-berlin.de
Web: www.lara-berlin.de

Counselling by telephone or in person:
Monday – Friday, 10 am – 6 pm

Donations Account: Bank für Sozialwirtschaft,
IBAN DE93 1002 0500 0003 2668 01, BIC BFSWDE33BER



Gefördert durch die Senatsverwaltung
für Gesundheit, Pflege und Gleichstellung



bff:

FRAUEN GEGEN GEWALT E.V.

YOUR RIGHTS ARE OUR CONCERN

☎ 216 30 23

BERATUNG
KRISENINTERVENTION
KOORDINATION

FACHSTELLE
GEGEN SEXUALISIERTE GEWALT
AN FRAUEN*
MOBILE BERATUNG
FÜR GEFLÜCHTETE FRAUEN*

LARA

LARA's mobile advisory service

is a free service for refugee women* who have experienced violence.

We offer you partisan and confidential advice, support and information irrespective of how long ago the act(s) of violence took place. Violent experiences may continue to affect victims physically and/or mentally even years later. You can come to us if you have experienced violence in the past or are continuing to do so in the present.

☒ **Physical violence**

e.g. being pushed, beaten, strangled, kicked or locked up

☒ **Sexual violence**

obscene jokes and comments, being touched against your will including rape

☒ **Psychological violence**

e.g. threats, insults, blackmail, being controlled or isolated

☒ **Human trafficking**

you are forced to work against your will



We offer

- ☒ Psycho-social advice in Farsi, English and German or with the help of language mediators
- ☒ Group sessions
- ☒ To accompany you to authorities, doctors etc.
- ☒ Information events on these issues
- ☒ Legal advice in the field of family law, the Violence Protection Act and criminal law
- ☒ Referral to other support services (such as shelters for women* and children, doctors, therapists)

Our mobile advisory service takes place

- ☒ in refugee accommodation
- ☒ at LARA's advisory centre
- ☒ or at other locations on request

You decide where you want to receive advice!

LARA's advisory service is

- ☒ free
- ☒ partisan
- ☒ anonymous
- ☒ independent
- ☒ confidential

We will not pass on your name or your story to any other person or authority without your permission. You decide whether we pass on information and which information!